FOR OFFICIAL USE

National
Qualifications
2015

Nark

X727/75/02

ESOL Reading and Writing

MONDAY, 25 MAY 1:00 PM - 2:35 PM



Fill in these box	es and read	what is prir	ited below.					
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Total marks — 50

SECTION 1 — READING — 25 marks

Attempt ALL questions.

SECTION 2 — WRITING — 25 marks

Attempt Part 1 and Part 2. In Part 2 attempt EITHER Task 1 OR Task 2.

Use of a dictionary is **not** permitted.

Write your answers clearly in the spaces provided in this booklet. Additional space for answers is provided at the end of this booklet. If you use this space you must clearly identify the question number you are attempting.

Use blue or black ink.

Before leaving the examination room you must give this booklet to the Invigilator; if you do not, you may lose all the marks for this paper.





MARGIN

SECTION 1 — READING — 25 marks

Recommended time: 35 minutes

Text 1

Read the article below and attempt the questions that follow.



- 1 There are a lot of things to keep in mind when preparing for your first marathon—and I'm not talking about the months of training you already have planned and in some cases, finished. I'm talking about the race itself—the actual day (and week) in which you are going to run those 26.2 miles. Once you have followed through with your training, how do you make sure all of the other factors are in order?
- 2 You have a great deal of control over how positive your race-day experience will be. Here is what I've learned during my 49 years of running and coaching over 250,000 runners.
- 3 If at all possible, run one or more of your long training runs on the race course. You'll learn how to get there, and what the site is like. Run over the last halfmile of the course at least twice. This is the most important part of the course to know. Many runners will run segments of the course on several different long runs.
- 4 Visualise your line-up position. First-time racers should line up at the back. If you line up too far forward you could slow down faster runners. You want to do this first race slowly and have a good experience. Because you will be taking your walk breaks as you did during training, you will probably need to stay at the side of the road. If there is a pavement you can use this for your walk breaks.
- 5 Don't run the day before the race. You won't lose any conditioning if you take two days off from running leading up to the race. The organisers of some races require you to pick up your race number and your computer chip the day before. Other races allow you to pick up your materials on race day. Check out



MARKS | DO NOT WRITE IN

WRITE IN THIS MARGIN

the information materials or the event website for instructions.

- 6 There may be a meal the night before. During this you can talk with runners at your table and enjoy the evening. Don't eat much, however. Many runners mistakenly assume that they must eat a lot the night before. This is actually counterproductive. It takes at least 36 hours for most of the food you eat to be processed and useable in a race. But eating too much, or eating the wrong foods for you, can be a real problem. A lot of food bouncing up and down in your gut when you race is stressful. Carbohydrate "loading" the night before can lead to carbohydrate "unloading" on the course itself.
- 7 The day before the race, drink when you are thirsty. If you haven't had a drink of water or sports drink in a couple of hours, drink half a cup to a cup (four to eight ounces) each hour. Don't drink a lot of fluid the morning of the race. This can lead to bathroom breaks during the marathon. Many races have portable toilets around the course, but some don't. A common practice is to drink six to 10 ounces of fluid about two hours before the race. Usually this is out of the system before the start. Practise your drinking routine before and during long runs, and use the pattern that works best for you.
- 8 Eating is optional after 6 pm. If you are hungry, have a light snack you have tested before that has not caused problems. Less is better, but don't go to bed hungry. It's a good idea to have eight ounces of a good power drink about two hours before you go to bed the night before your marathon. Pack your bag and lay out your clothes the night before so you don't have to think much on race morning.
- 9 Good luck!

Questions

Question 1: Choose the correct answer for the question and tick (\checkmark) one box (refer to paragraphs 1-4).

1.	ine	e main purpose of this text is to give	e advice on now to	1
	Α	plan your marathon training.		
	В	prepare shortly before the race.		
	С	check in on race day.		

[Turn over



1

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MARKS | DO NOT WRITE IN

Text 1 Questions (continued)

Questions 2—4: Complete each gap with NO MORE THAN THREE WORDS from the text (refer to paragraphs 2-4).

- 2. This advice about the marathon is helpful because the writer has _____ _____ experience of running.
- 3. The key part of the course to know is the _____
- 4. Beginners should start at the back of the race in case they _____ _____ faster runners. 1

Questions 5-8: Match each paragraph with the relevant piece of information/ advice. Write A, B, C or D in each space.

- Paragraph 5 5. 1
- Paragraph 6 1
- 7. Paragraph 7 1
- 8. Paragraph 8 1
 - A. Be sociable
 - B. Facilities during the race
 - C. Organise your stuff
 - D. Where to get information



Text 1 Questions (continued)

MARKS DO NOT WRITE IN THIS MARGIN

Questions 9—11: Give short answers — NO MORE THAN FIVE WORDS (refer to paragraphs 7 and 8).

9.	What do some marathons have but others not?				
10.	Wh	at phrase in paragraph 7 means what most people do?			
11.	Wh	at does "Less is better" mean in paragraph 8?			
Que	stion	12: Choose the correct answer for the question and tick (✓) one box.			
12.	The	e writer's advice can be summed up as			
	Α	do the same as other runners.			
	В	don't worry about diet.			
	С	find out what suits you best.			

[Turn over



Text 2

Read the article below and attempt the questions that follow.

- 1 Dawn Kitchener has been a web moderator for around five years. She makes sure that what people write on website comments boards is acceptable. "The main thing that I'm doing is making sure nothing offensive or illegal is posted," she explains. Not so long ago, most of her work would have involved dealing with comments on internet message-boards before they could be seen publicly. Perhaps these were the good old days, where "you would take a comment down before anyone could read it. You could keep them quite safe, quite clean. And they would develop into real communities."
- 2 Yet as she points out, sounding a little regretful, the massive expansion of social media such as Facebook and Twitter has changed things. Comments now go up immediately and it is her job to remove anything that could be a problem as quickly as possible. "Now people want responses straight away, don't they?" she reflects. "Part of what I do is about managing that for clients."
- 3 Anything dangerous needs to get removed without a second thought. Only occasionally does Kitchener need to use her own judgment. "Maybe the word 'drugs' appears in a comment and it might be fine," she says. "But it might be that someone's said, 'Oh, one of the TV presenters looks like they're on drugs today." For a moment, I find it difficult to forget this image. "Obviously we'd have to cut that," she says firmly.
- 4 Crucially, Kitchener carries out all her moderating work from home. Before having children, she enjoyed a successful publishing career in London. But, as for many working mothers, childcare and commuting became less and less possible to combine. This led her to give up working altogether for a time, until a friend introduced her to eModeration. "They were looking specifically for a parent who could do five hours a week on a mother and baby site. So I thought that'd be perfect, just for a little bit of money on the side," she recalls.
- 5 The arrangement suited her well: "I loved it, reading this forum for pregnant mums and being able to do it from home. My youngest was about two at the time and I didn't really want to be working in town."
- 6 Since then she has taken on more projects, fitting them around the needs of her three children, all of whom are now established at school. Stacks of board games on shelves and brightly coloured drawings on the walls show that the children exist, but otherwise the immaculately tidy house has a stillness to it that I find unusual I'm more used to the buzz of an office.
- 7 I wonder if the isolation can be lonely, but the solution, appropriately enough, lies in eModeration's network of 180 or so other home-based workers around the world. All are connected to instant messaging, Skype and email, as well as via a virtual office called Campfire, and actively encouraged to chat and support one another as though in a regular office environment. "Here," Kitchener points out, looking genuinely touched, "someone's put up a message saying Happy Peanut Butter Day!"



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THIS MARGIN

8 Kitchener thinks moderating, from a parental perspective, makes her more open minded: "You learn how to keep your kids safe. Otherwise, I don't think I'd know what goes on." On this theme, she sounds as if she might even be composing a comment of her own. "Once people are behind a computer, they can turn into monsters, saying things I don't think they'd ever say in real life," she says, before pausing to reflect. "It's a different world. You just have to look at it like that, I think."

Questions

Questions 13—17: Complete these sentences with NO MORE THAN THREE WORDS from the text (refer to paragraphs 1-4).

13.	Dawn's job is to check that what the public write on websites is
14.	In the recent past she had enough time to change or delete messages before
	they were
15.	Her job has become more demanding as a result of the growth in
16.	Some words such as
	may be a problem but may not, depending on the context.
17.	Dawn found it hard to mix travelling to work with
box	stions 18–20: Choose the correct answer for each question and tick (✓) one (refer to paragraphs 5–7).
18.	Early on in her job, she was very enthusiastic about the
	A subject matter.
	B rate of pay.
	C contact with other mums.



Toyt	2 0	uestions (continued)	MARKS	DO NOT WRITE IN THIS
IEXL	Z Qi	destions (continued)		MARGIN
19.	The	writer knew that Dawn had children because of	1	
	Α	their school things.		
	В	board games and drawings.		
	С	the buzz around the house.		
20.	еМо	oderation's workers	1	
	Α	are isolated and lonely.		
	В	get together in an office.		
	С	communicate over the Internet.		
Ques	tion	s 21—23. Write ONE WORD from the text.		
21.	Whi	ich word in paragraph 7 means existing only on the internet?	1	
22.	Whi	ich word in paragraph 7 means emotionally affected?	1	
23.	Whi	ich word in paragraph 8 means point of view?	1	
Ques	tion	s 24–25: Choose the correct answer for each question and tick (✓) one		
24.	Dav	vn thinks that Internet message boards	1	
	Α	attract bad people.		
	В	can make some people bad.		
	С	are part of real life.		



Text	2 Q	uestions (continued)	MARKS DO N WRIT TH MAR
25.	The	e best title for this text would be	1
	Α	Protecting children on the Internet.	
	В	Problems of a web moderator.	
	С	A modern and flexible career.	
			[Turn over

MARKS | DO NOT

WRITE IN THIS MARGIN

SECTION 2 — WRITING — 25 marks

Read the writing tasks below. You should attempt Part 1 and Part 2 and ensure you have time to complete both Parts.

As a guide, you may wish to spend about 20 minutes on Part 1 and about 40 minutes on Part 2.

Part 1 — Everyday Life

10

Write your answer on the lined answer sheets below and on Page eleven.

You and your class are organising a sponsored walk to raise money for a local charity. You need bottles of water and juice to give to the people taking part in the event.

Write a **formal letter or email** to the manager of the local supermarket asking him/her to donate these items or give other support to the event.

In your letter or email:

- explain what your event is for
- · request what you want from the manager
- · explain why supporting the event would benefit the supermarket
- ask how you can collect the donated items

You do not need to write any addresses.

You should write between 80-100 words.





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Part 2

Read the two tasks below and on Page thirteen. One is work-related and the other is study-related.

Attempt ONE task only on the lined answer sheets on Pages thirteen, fourteen and fifteen .

Write the task number selected in the box provided on Page thirteen.

Task 1 — Work 15

Report

You work for a small company which delivers boxes. The boss intends to buy a new van and has asked you to write a report considering each of the three possible choices below. You should recommend the best option to buy and justify your choice. As well as using the information given, you may add your own ideas.

	Ford Alpha	Fiat Beta	Mazda Buggy
Cost	£23,000	£21,000	£16,000
Capacity	30 boxes	32 boxes	27 boxes
Fuel	45 miles per gallon	55 miles per gallon	53 miles per gallon
Insurance	£350 per year	£330 per year	£300 per year
Other points	Well equipped— leather seats; quality sound system; very quiet engine	Basic van — comfortable; basic sound system and quiet engine; reliable.	Small van — comfortable; no sound system; fairly reliable.

You should write between 200-220 words.



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<u>OR</u>	MARKS	DO NOT WRITE IN THIS MARGIN	
Task 2 — Study	15		
Report			
Your teacher/lecturer has asked you to write a report describing what students car do outside class to practise and improve their English language skills.	1		
Include the following:			
Why it is important to practise outside the classroom			
• Ideas for taking a more active role, eg reading newspapers, listening to music keeping a diary, volunteering	,		
Managing your time			
You should write between 200—220 words.			
Task Number			





[END OF QUESTION PAPER]



ADDITIONAL SPACE FOR ANSWERS

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Γ	ADDITIONAL SPACE FOR ANSWERS	MARKS	DO NOT WRITE IN THIS MARGIN

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ACKNOWLEDGEMENT

Text 1 - Article is adapted from "How to Run Your First Marathon" by Jeff Galloway.

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